



**GYMNASTICS
MISSISSAUGA**
gymmississauga.org



Providing world-class gymnastics programs in a safe, positive environment where every athlete achieves their personal best

Summer 2007 Update

Dear Parents:

We are proud to announce that the city's newest sports complex at Hershey SportZone will be the permanent home to Gymnastics Mississauga in September. We invite you to experience the facility and find out how your child can benefit at Canada's premier gymnastics centre.

Why Gymnastics? Because it is the base of all sport. Strength, flexibility, balance, co-ordination, inverted awareness, injury reduction and confidence are just some of the benefits. Most participants get active in our recreational programs at least once a week with a nationally certified coach. Our competitive kids are some of the top amateur athletes in Canada.

Mark your calendars. Summer camp programs will operate at the current facility on Mississauga Valley Blvd. Register now to ensure availability as the programs are very popular!

Open House & BBQ

1395 Mississauga Valley Blvd.

Saturday, June 23rd (Noon to 3 p.m.)

See why gymnastics is the #1 Olympic Sport
Bring a friend and try out the equipment!

Free water bottle for the first 100 participants.

SUMMER Gymnastics Camp

1395 Mississauga Valley Blvd.

Half and Full Day Weekly Programs

Skill training combined with fun, staying cool, keeping active and making friends. No experience required.

Limited Space, Register Now!

FALL Term Recreational Gymnastics

Hershey SportZone
5600 Rose Cherry Place
(Use Hershey Centre North Parking)

September 2007

MiniGym/KinderGym programs start at Age 2
Girls, Boys, Trampoline and Adult programs
Customized School Group programs

Early Registration Recommended

Competitive Try-outs

1395 Mississauga Valley Blvd.

Thursday, June 21st

Previous gymnastics experience recommended
5 & 6 year olds at 4:30 p.m., 7 & up at 6 p.m.

T-shirt & Shorts. Girls may wear leotard. Arrive early!



905-270-6161

www.gymmississauga.org

info@gymmississauga.org

1395 Mississauga Valley Blvd.

Programs qualify for the new Fitness Tax Credit.
Coaching applications accepted.